

ESSENTIAL OIL BLEND - SINUS BUSTER

INGREDIENTS:

4 drops Lemon Oil
4 drops Peppermint Oil
4 drops Lavender Oil
4 drops Eucalyptus Oil
Droppers & empty containers



DIRECTIONS:

For bath and skin applications, dilute mixture with 1 to 2 ounces of carrier oil such as grapeseed, sweet almond or jojoba.